

BODMIN NETBALL CLUB



CLUB HANDBOOK 2019/2020



Introduction

We would like to take this opportunity to welcome you to Bodmin Netball Club. You will find all the information that you should require in this handbook.

Bodmin Netball Club has changed over the last years developing both the senior and junior teams. Players can either commit to a team or just come along to training and play in friendly matches.

By joining the club, you can expect to improve your fitness levels and skills and enjoy the social events and activities which take place throughout the year.

Should you have any questions or require any further information, please ask at a training session or e-mail the club at:
bodminnetball@gmail.com

Aims of Club for 2019 / 2020

- Promote netball within the community
- Improve individual and team skills (junior and senior).
- Maintain our Regional 3 spot
- Work to maintain the silver CAPS award.
- Provide a friendly, social environment for individuals to participate in.
- Secure funding for required kit, course and equipment.
- Achieve support from all club members for fundraising events.
- Support players to become umpires and coaches.

Club Management Team 2019/2020

Chair Person	Sarah Allen
Secretary	Sarah Powlesland
Treasurer	Liz Hall
Safeguarding Officers	Alyssa Hadley Sarah Powlesland
Junior Club Manager	Alyssa Hadley
Junior Representatives	Kerenza Hall Ellie Rundle
Junior Head Coach	Alyssa Hadley
Senior Head Coach	Alyssa Hadley
Volunteer Coordinator	Heather Clemens
Website Officer	Abbie Humphrey

Training Information

Tuesdays at Callywith College, Bodmin

- U12 5.45-6.45 pm
- U14 Pumas 6.45-7.45 pm
- Seniors 4,5 & U16 Tigers 7.45- 9.15

Thursdays at Callywith College, Bodmin

- U14 Cougars 5.45-6.45
- U16 Panthers 6.45-7.45
- Seniors 1-3 7.45-9.15pm

Club Fees 2019/2020

special consideration to the payment of fees will be given if thought valid by the committee

- An annual membership fee be charged and is due upon joining the club (*age as per 1st September*)

18+ £30.00

U18 £20.00

- Subs will be charged at the following rates depending on how you would like to pay:

18+ £160 annually / £40 bimonthly

U18 £122 annually / £30.50 bimonthly

(4 bimonthly payments for the season)

FEES MUST BE PAID IN ADVANCE. IF SUBS ARE NOT PAID ON TIME, PLAYERS MAY BE UNABLE TO PARTICIPATE.

Match Fees:

There are no fees for matches (home or away) but players may wish to offer fuel money to drivers of away matches.

AENA Affiliation Costs (annual fees paid to the county):

For insurance purposes, all members MUST affiliate

Over 18: £50.00

18 & under: £35.00

14 & under: £25.00

11 & under: £15.00

Codes of Conduct

Bodmin Netball Club had codes of conduct for the following:

- Players
- Parents / carers
- Volunteers

Copies of the relevant Codes of Conduct are included with the membership pack and must be returned to the club once signed.

Courses

There are many courses available to players through out the season. If you are interested in attending one of the courses, please let the committee know as funding may be available!

Courses held include:

- Umpiring (beginner, C Award, B Award)
 - Coaching (UKCC Level 1, 2, 3)
 - First Aid
 - Safeguarding
 - Youth leadership courses
-

Insurance Policy

- Insurance is provided by AENA to all players affiliated to the AENA on an annual basis.
- Personal Injury insurance is the responsibility of each individual member.
- The club accepts no responsibility for loss or damage to personal belongings.

U12 Cup Winners 2018/2019

Most Improved Player	Olivia D
Players Player	Rebecca P
Coach's Player	Mali H
Outstanding Team Member	Lea DV



U14 Cup Winners 2018/2019

Most Improved Player	Issey M
Players Player	Kerenza H
Coach's Player	Hannah S
Outstanding Team Member	(Cougars) Kerra W (Pumas) Hannah P

U16 Cup Winners 2018/2019

Most Improved Player	Lilly T
Players Player	Lareesa P
Coach's Player	Tamsyn H
Outstanding Team Member	(Tigers) Olivia B
Outstanding Team Member	(Pumas) Nel M

County Awards 2018/2019

Most Sporting—U14B Cougars
Most Improved—U16 B Panthers
Most Sporting—U16 Panthers

Satellite North Coach's Player of the Year—Holly

Senior Cup Winners 2018/2019



Most Improved Player	Emily H
Player's Player	Natalie P
Coach's Player	Sarah A
Outstanding Team Member	(1st) Kate E
Outstanding Team Member	(2nd) Emily C
Outstanding Team Member	(3rd) Katie A
Outstanding Team Member	(4th) Dolly MS
Outstanding Team Member	(5th) Kylie L

Regional Cup Winners 2018/2019

Most Improved Player	Louise D
Endeavour	Sonia A
Coach's Player	Sarah P
Outstanding Team Member	Louise D

County Cup Winners 2018/2019

Division 6 Winners
Division 5 Winners
Division 4 Winners
Best Defence (5th team)

Bodmin 1 Fixture List 2019/2020

25/09/19	Wed	20:00	Bodmin 2	Home
03/10/19	Thur	20:45	Newquay 1	Away
15/10/19	Tue	19:45	Penzance 1	Away
30/10/19	Wed	20:00	St Agnes 1	Home
13/11/19	Wed	20:00	Storm 1	Home
20/11/19	Wed	20:15	Saints Futures	Away
04/12/19	Wed	20:00	Saints Fever	Home
03/01/20	Fri	20:30	Storm 2	Away
15/01/20	Wed	20:00	Newquay 1	Home
23/01/20	Wed	20:00	Bodmin 2	Home
29/01/20	Wed	20:00	Storm 2	Home
12/02/20	Wed	20:00	Saints Futures	Home
26/02/20	Wed	20:00	Penzance 1	Home
11/03/20	Wed	20:15	Saints Fever	Away
24/03/20	Tue	20:00	St Agnes 1	Away
27/03/20	Fri	20:30	Storm 1	Away
22/04/20	Wed	20:00	Penryn 1	Home
29/04/20	Wed	20:00	Penryn 1	Away

Keep up to date with club information at
www.bodminnetball.co.uk

Bodmin 2 Fixture List 2019/2020

25/09/19	Wed	20:00	Bodmin 1	Home
02/10/19	Wed	20:00	Penryn 1	Home
10/10/19	Thur	20:45	Newquay 1	Away
06/11/19	Wed	20:00	Saints Futures	Home
15/11/19	Fri	20:30	Storm 2	Away
22/22/19	Fri	20:30	Storm 1	Away
27/11/19	Wed	20:15	Saints Fever	Away
11/12/19	Wed	20:00	St Agnes 1	Home
16/12/19	Mon	19:45	Penzance 1	Away
18/12/19	Wed	20:00	Newquay 1	Home
08/01/20	Wed	20:00	Storm 1	Home
14/01/20	Tue	20:00	St Agnes 1	Away
23/01/20	Thur	20:00	Bodmin 1	Home
12/02/20	Wed	20:00	Penryn 1	Away
04/03/20	Wed	20:00	Saints Fever	Home
11/03/20	Wed	18:30	Storm 2	Home
25/03/20	Wed	20:00	Penzance 1	Home
15/04/20	Wed	20:15	Saints Futures	Away

Junior Training & Matches

Help is always appreciated with the junior section of the club, even if it is just an hour of your time every now and again. If you think you can help, please speak to Alyssa Hadley or Abbie Humphrey

Bodmin 3 Fixture List 2019/2020

08/10/19	Tues	20:00	St Agnes 2	Away
07/11/19	Thur	20:45	Newquay 3	Away
14/11/19	Thur	20:45	Newquay 2	Away
26/11/19	Tue	20:15	Steelers 1	Away
04/12/19	Wed	20:00	Penryn 3	Away
18/12/19	Wed	18:30	Falcons 1	Home
07/01/20	Tue	20:00	Wadebridge 1	Away
15/01/20	Wed	18:30	Steelers 1	Home
22/01/20	Wed	20:00	Newquay 2	Home
30/01/20	Thur	19:15	Falcons 1	Away
05/02/20	Wed	20:00	Newquay 3	Home
03/03/20	Tue	20:00	Predators	Away
12/03/20	Thur	20:15	Lastonet Imperials	Away
18/03/20	Wed	20:00	St Agnes 2	Home
25/03/20	Wed	18:30	Wadebridge 1	Home
15/04/20	Wed	20:00	Predators	Home
22/04/20	Wed	18:30	Lastonet Imperials	Home
29/04/20	Wed	20:00	Penryn 3	Home

Bullying

- * all forms of bullying will be addressed
- * everybody in the club has a responsibility to work together to stop bullying
- * bullying can include online as well as offline behaviour

Bodmin 4 Fixture List 2019/2020

02/10/19	Wed	18:30	Storm 4	Home
10/10/19	Thur	19:15	Newquay 4	Away
16/10/19	Wed	20:00	Hayle 1	Home
30/10/19	Wed	18:30	Penzance 4	Home
12/11/19	Tues	20:00	St Agnes 3	Away
18/11/19	Mon	19:15	Hayle 1	Away
20/11/19	Wed	20:00	Falmouth 2	Home
02/12/19	Mon	20:15	Falmouth 2	Away
13/12/19	Fri	20:30	Storm 4	Away
08/01/20	Wed	18:30	Newquay 4	Home
21/01/20	Tue	19:45	Penzance 4	Away
29/01/20	Wed	20:00	St Agnes 3	Home
26/02/20	Wed	18:30	CSM 2	Home
16/03/20	Mon	18:45	CSM 2	Away

Find us on Facebook:
www.facebook.com/bodminnetballclub

Follow us on Twitter:
[@bodmin_netball](https://twitter.com/bodmin_netball)

Follow us on Instagram:
[@bodminnetball](https://www.instagram.com/bodminnetball)



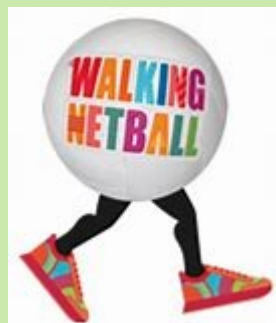
Bodmin 5 Fixture List 2018/2019

09/10/19	Wed	20:00	Steelers 2	Home
17/10/19	Thur	20:15	Lastonet Ocean	Away
29/10/19	Tues	19:45	Penzance 5	Away
13/11/19	Wed	18:30	Lastonet Sky	Home
27/11/19	Wed	20:00	Helston 1	Home
11/12/19	Wed	18:30	Lastonet Ocean	Home
06/01/20	Mon	20:15	Falmouth 3	Away
05/02/20	Wed	18:30	Penzance 5	Home
03/03/20	Tues	20:15	Steelers 2	Away
11/03/20	Wed	20:00	Falmouth 3	Home
17/03/20	Tues	20:30	Helston 1	Away
16/04/20	Thur	20:15	Lastonet Sky	Away

Fancy playing netball but at a slightly slower pace? Why not come along and give our walking netball sessions ago!

Walking Netball sessions are held at Bodmin College, 7.45-9.15pm on a Tuesday and costs £4 a session. No affiliation or membership required

Check out our **Bodmin Walking Netball** Facebook group for more info!



Regional Fixture List 2019/2020

15/09/19	Sun	15:00	CCNC	Home
29/09/19	Sun	10:30	Hovelands	Away
06/10/19	Sun	15:00	Tor Knights	Home
13/10/19	Sun	15:00	Storm	Home
27/10/19	Sun	11:30	Sydenham Gems	Away
03/11/19	Sun	15:00	Tone	Home
17/11/19	Sun	14:00	Vivary	Away
24/11/19	Sun	12:30	Lovell Titans	Away
01/12/19	Sun	15:00	Trident	Home
08/12/19	Sun	11:30	CCNC	Away
05/01/20	Sun	15:00	Hovelands	Home
12/01/19	Sun	13:00	Tor Knights	Away
02/02/19	Sun	13:30	Storm	Away
09/02/19	Sun	15:00	Sydenham Gems	Home
16/02/19	Sun	12:30	Tone	Away
01/03/19	Sun	15:00	Vivary	Home
08/03/19	Sun	15:00	Lovell Titans	Home
22/03/19	Sun	13:45	Trident	Away

If anyone has any time or skills they can give to the club then
please let someone on the committee know!
Help is always welcome within the club!

Junior Fixture List 2019/2020

28/09/19	Sat	All Day	Seeding	Truro
05/10/19	Sat	AM	U12	Truro
05/10/19	Sat	PM	U16	Truro
19/10/19	Sat	PM	U14 B	Truro
01/11/19	Sat	AM/PM	U12/U16	Truro
16/11/19	Sat	PM	U14 B	Truro
30/11/19	Sat	PM	U14 B	Truro
07/12/19	Sat	AM/PM	U12/U16	Truro
14/12/19	Sat	PM	U14 B	Truro
11/01/20	Sat	AM/PM	U12/U16	Truro
18/01/20	Sat	PM	U14	Truro
25/01/20	Sat	AM	U12	Truro
01/02/20	Sat	PM	U14 B	Truro
08/02/20	Sat	AM/PM	U12/U16	Truro
15/02/20	Sat	PM	U14 B	Truro
29/02/20	Sat	PM	U14 B	Truro
07/03/20	Sat	AM/PM	U12/U16	Truro
14/03/20	Sat	PM	U14 B	Truro
21/03/20	Sat	AM/PM	U12/U16	Truro

Safeguarding Statement

Your club safeguarding officers are:

Alyssa Hadley & Sarah Powlesland

Bodmin Netball Club will:

- Support the EN *“Safeguarding and protecting young people in netball”* policy
- Safeguard and promote the interests and well being of young people within the club
- Take all reasonable practical steps to protect young people from harm, discrimination or degrading treatment
- Respect young people’s rights, wishes and feelings
- Demonstrate sound and thorough recruitment procedures for paid (if relevant) and voluntary staff
- Commit to the provision of support, appropriate training and adequate supervision to all members
- Work together with parents / carers and other organisations to ensure the welfare & needs of other young people are paramount
- Disseminate the codes of conduct via club handbook and website

Equality Policy

- The club has adopted the and adheres to the Equality policy from England Netball.
 - This club is committed to ensuring that everyone is treated fairly and is not subject to unlawful or unfair discrimination in line with the Equality Act 2010.
 - The club respects all 9 of the protected characteristics within this and respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age; sex; ability/disability; gender reassignment; race; religion / belief; pregnancy / maternity; marriage / civil partnership or sexual orientation.
 - The club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
 - All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
 - The club will deal with any incidence of discriminatory behaviour seriously, according to club disciplinary procedures.
-

Anti Bullying Policy

Bodmin Netball Club will:

- * recognise its duty of care and responsibility to safeguard all participants from harm
- * promote and implement this anti-bullying policy in addition to our safeguarding policy and procedures
- * seek to ensure that bullying behaviour is not accepted or condoned
- * require all members of the club to be given information about, and to sign up to, this policy
- * take action to investigate and respond to any alleged incidents of bullying
- * encourage and facilitate children and young people to play an active part in developing and adopting a code of conduct to address bullying
- * ensure that coaches are given access to information, guidance and/or training on bullying

Each participant, coach, volunteer or official will:

- * respect every child's need for, and rights to, a play environment where safety, security, praise, recognition and opportunity for taking responsibility are available
 - * respect the feelings and views of others
 - * recognise that everyone is important and that our differences make each of us special and should be valued
 - * show appreciation of others by acknowledging individual qualities, contributions and progress
 - * be committed to the early identification of bullying, and prompt and collective action to deal with it
 - * ensure safety by having rules and practices carefully explained and displayed for all to see
 - * report incidents of bullying they see - by doing nothing you are condoning bullying
-

Club Values

These are the values that we encourage and support within the club including our coaches, umpires, players, parents & supporters:

Respect
Love the Sport
Play for Yourself & the Team
Creating Opportunities

We award GREEN LACES to individuals who really show commitment to our club values both on and off the court. These can then be worn with pride #TeamGreen